

Lancashire Youth Council Research Questionnaire Results
"We all need a little help at times"

1) Have you had to deal with or are you dealing with anything that has negatively impacted on your learning in and out of school?

(Please give a few details of what this was)

- Falling out with friends
- Death of a parent x 2
- Family issues x 3
- Yes I am dealing with a family issue
- Medical conditions not fully supported for 3 of 5 years at high school. Lack of support and understanding, same again in college being told that medical reasons aren't good enough excuse for missing lessons.
- Emotional and physical bullying x 4
- Mental health issues x 3
- Bullying by other pupils in school x 7
- Financial problems
- Nothing x 11
- Didn't go to primary school
- Behaviour issues
- Learning difficulties
- Anger issues
- The college I wanted to go to was not accessible because of my disability
- College work because I was unsure of what to do
- Too big classes
- I was given the incorrect level exam paper
- Friends with mental health issues
- Travelling to school – the time it takes to get from Preston to Lancaster and back and the cost is too much
- Personal issues affecting exams
- Sexually assaulted which left me emotionally broken and affected my school work
- Loss of hearing in both ears
- Bullying that went on for 3 years and was really poorly dealt with at school and then college

2) What support have/did you get to help you overcome any barriers to your learning and who was it from?

- Guidance from parent/tutor
- Counselling x 6
- Support from the police
- Started receiving better support from the high school nurse who understood the condition and followed care plan.
- Two teachers from high school offered extra support and help with lessons even though they didn't teach me.
- My teacher helped me x 12
- None x 3
- Pastoral support
- Support worker through Lancashire Mind
- Support from college including financial bursary
- Very little support x 3
- Moved to a special school
- Lancashire County Council
- Family x 4
- Carers
- Friend's x 4

- Spoke to my head of year who helped me to sort things out and catch up on work I missed
- School helped but nothing externally
- YPS
- CAMHS
- Health professional
- Referral to ELCAS
- Support from learning mentor

3) Has it helped/is it helping? Please give a few details of how it is helping/has helped...

- Yes it gives you guidance and support on how to deal with the situation
It is helping me better emotionally
- Yes I am starting to cope better
- The support from teachers helped a lot, helping me to catch up on work I had missed
- The school nurse asked if I wanted counselling two years ago when I refused I had no support from then on.
- Yes x 4
- Not really x 4
- Yes until I left school
- Enabled me to feel capable enough to complete my studies
- Gave me advice
- More time for me to deal with a variety of situations
- Smaller class size helped
- School and its resources
- Releases some anger
- The bullying has stopped
- A little bit but not so much
- Helped me to complete future work
- It helped but I struggled to confide in them to start off with as it wasn't easy to discuss
- Lancashire College helped me to do my level 2 maths
- Less pressure, reassurance and building confidence
- Encouraged me to think and be more positive
- It helped me to work through the issue
- Confidence building
- Negative experience of counselling as they discussed the problem with my teachers

4) Could anything help/have helped make your learning experience better? If so what?

(For example someone to talk to, support with costs of meals, counselling services)

- No x 5
- Knowing that there is someone to talk to about the issues
- Support from family
- Teachers offering more support x 2
- Counselling
- Extra time in exams
- Support to do my homework in school
- Support from staff and exam boards
- College communicating with my support team
- Help with costs at high school x 2
- More emotional support
- Understanding of mental illness
- More support
- One to one support x 5
- Someone to talk to x 4

- There is a Christian youth worker at our school but teachers need to be more aware of how to talk to and handle young people's needs
- Giving ASD young people the chance at college and the right style of education
- Teachers need to have more training on how to deal with young people affected by mental health issues and those who are supporting them, phoning parents and sign posting to gp is not enough.
- Schools need to inform young people in year 11 about university so that they have a little longer to prepare
- More bullying focused counselling
- More interactive and field based learning
- Better pastoral care at school needed x 2
- Counsellors and staff being more sensitive with confidential information especially when it isn't a safeguarding issue

5) If you answered yes to question 4 why would this have helped/ help?

- Make me feel better in myself and I wouldn't think about the problem as much during exams and work at college.
- It would have given me more time to sort out everything in my head x 2
- Give me support to complete tasks
- I would've been able to stay in education
- No
- Would make it easier to stay in school
- General issues x 2
- Teachers know how to deal with the situation
- It will help ASD children and young people have the chance to education like everyone else
- Feeling more comfortable talking about personal issues x 2
- To make school a more enjoyable place
- Makes learning more enjoyable and enables an efficient learning environment for young people
- Teachers need more training around how to deal effectively with bullied young people x 2
- Young people would know they have someone they can talk to

District	Age
Lancaster	11 13 17 18
Chorley	12 x 2 13 14 16 x 3 17 x 2 18 19 x 4
Fylde	14 x 2 16
South Ribble	10 15 16 x 10 17 18 x 2
West Lancs	16 18

Preston	11 13 15 x 2 16 17 x 3 18 19
Pendle	13 x 3 14 16 17 x 3 19
Burnley	13 14 x 3 15 x 2 16 18
Unknown	X 4